



Healthy *Home cooked* meals
Elementary schools and daycares

DEAR PARENTS!

We are pleased to offer your children healthy and balanced meals.

To fulfill children's need for vitamins, minerals and other nutrients, we follow the recommendations of the Canadian Food Guide and offer all four food groups in each meal. In addition, eating well contributes to the children's welfare, reduces the risk of health problems and increases the mind learning capacity.

As we have at heart the health of your children, the taste and look of our dishes is not altered in any way ... it is our daily challenge!

Something new from Felix Catering that **pays off!**

Online orders only!!

*Receive meals starting
september 13th*

*(deadline september 6th
midnight)*

To facilitate the meal ordering process for your children, we now offer an online order program along with online payment via credit card, extra cost.

Access menus and ingredients directly from your print out your order form and receipt...



FREE MEAL

**WITH REGISTRATION TO
OUR NEW WEB SITE**

at no

home,



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Here is how to access this service directly from our website.

Go to the website www.traiteurfelix.com and click on TAB *online order (register)*.

Step 1 : LOGIN

Please fill in the blanks below for
Create your account.

Your first name:

Your last name:

Your email:

SUBSCRIBE

You will be given a temporary password that will grant you access to the ordering process.

Password can be changed afterward.

Main informations	Details
<input type="radio"/> Français <input checked="" type="radio"/> English	Address* : <input type="text" value="MY STREET"/>
<input checked="" type="radio"/> Madam <input type="radio"/> Mister	City* : <input type="text" value="MY CITY"/>
First name* : <input type="text" value="ISABELLE"/>	Province : <input type="text" value="Quebec"/> Postal code* : <input type="text" value="J5R"/> <input type="text" value="6M7"/>
Last name* : <input type="text" value="DUPUY"/>	Telephone - day* : <input type="text" value="514"/> - <input type="text" value="111"/> - <input type="text" value="1111"/>
Email* : <input type="text" value="blablaba@hotmail.com"/>	Telephone - evening* : <input type="text" value="514"/> - <input type="text" value="222"/> - <input type="text" value="2222"/>
Password* : <input type="password" value="....."/>	Mobile or cell number : <input type="text" value="514"/> - <input type="text" value="333"/> - <input type="text" value="3333"/>
Password* (Confirm) : <input type="password" value="....."/>	<input checked="" type="checkbox"/> I agree to receive by e-mail any new menu.

Step 2 : MANAGE YOUR FILE



You enter information about your child or children (name, school, group of dinner, comments, your email ...) in order to process the order and enable us to deliver up their hot meal.

Main informations	Details
<input type="radio"/> Girl <input type="radio"/> Boy	School Board* : <input type="text" value="-- Select --"/>
First name* : <input type="text"/>	School* : <input type="text" value="-- Select --"/>
Last name* : <input type="text"/>	Grade* : <input type="text" value="-- Select --"/>
	Comments : <input type="text"/>

Félix Catering | 450, rue Victoria, Lachine (Québec) H8S 1Y5 | Tel. : 514 639-7877
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Step 3 : ORDERING

Select a period for which you want to place an order.

Please select a period

.....

From Monday september 5th 2011 to Friday september 30th 2011

.....

Select a meal for your child. View ingredients by placing the mouse over meal selection.

<p>Monday september 19th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> TUNA, SALADE DU CHEF - Crackers SHEPPERD'S PIE <p>DESSERT :</p> <ul style="list-style-type: none"> Yogurt <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Tuesday september 20th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> 3 CHEESE LASAGNA - Crudites BAGEL, HOMECOOKED CRETON - Market salad <p>DESSERT :</p> <ul style="list-style-type: none"> Blueberry muffin <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Wednesday september 21st</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> TURKEY MEATBALLS - Olive oil pasta and veggies FETUCCINI, ALFREDO SAUCE - Crudites <p>DESSERT : This dish may contain:</p> <ul style="list-style-type: none"> Slice Wheat pasta Cream or milk Carrots Cheese <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Thursday september 22nd</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> CHICKEN AND CHEESE TORTILLA - Market salad BAGEL, POLLOCK SALAD - Crudites <p>DESSERT :</p> <ul style="list-style-type: none"> Oat and chocolate chip cookie <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Friday september 23rd</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> TOMATO PIZZA (COLD) - Green salad with hard boiled egg BEEF MEAL SOUP (BARLEY AND VEGGIES) - English muffin <p>DESSERT :</p> <ul style="list-style-type: none"> Applesauce with biscuits <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice
<p>Monday september 26th</p> <p>Pedagogical day without meals</p>	<p>Tuesday september 27th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> MEAT LOAF, TOMATO SAUCE - Mashed potatoes FUSILLI, ROSE SAUCE - Crudites <p>DESSERT :</p> <ul style="list-style-type: none"> Date turnover <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Wednesday september 28th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> CHICKEN PIE SHEPPERD'S PIE <p>DESSERT :</p> <ul style="list-style-type: none"> Berry muffin <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Thursday september 29th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> FREE MEAL!! SPAGHETTI, TOMATO SAUCE AU GRATIN - Crudites <p>DESSERT :</p> <ul style="list-style-type: none"> Applesauce with biscuits <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice 	<p>Friday september 30th</p> <p>MAIN MEAL :</p> <ul style="list-style-type: none"> HOMECOOKED PIZZA POCKET - Coleslaw CHICKEN MEAL SOUP (PASTA AND VEGGIES) - Half cheese sandwich <p>DESSERT :</p> <ul style="list-style-type: none"> Yogurt <p>BEVERAGE :</p> <ul style="list-style-type: none"> Milk 2% or 3,25% 100% Fruit Juice



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Step 4 : PAYMENT

Via our secure server, you can pay via credit card with confidence.

CHILD	PERIOD	MEAL QUANTITY	TOTAL
EDWARD DUPUY	SEPTEMBER	8 (X \$4.75)	\$38.00
NATHAN DUPUY	SEPTEMBER	2 (X \$4.50)	\$9.00
Total :			\$47.00

Your coordinates ISABELLE DUPUY MY STREET MY CITY (Quebec) J5R 6M7	Credit card payment Card type : <input type="text" value="Visa"/> Cardholder name : <input type="text"/> Card number : <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Expiration date : <input type="text" value="MM"/> / <input type="text" value="YY"/> CVV: <input type="text"/> Félix Catering 450 Victoria Lachine, (Quebec) H8S 1Y5 Tel. : 514 639-7877 Fax : 514 639-7887 info@traiteurfelix.com <input type="checkbox"/> I have read and I accept the terms and conditions
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2011-08-10

PAY AND COMPLETE ORDER



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Step 5 : PRINT MENU

For the fridge or the agenda, the calendar format will be very handy.




Your purchase history

At any time, you can see or print the menu calendar of your children. Click on the glass tool to see the invoice of your order.

CHILD	PERIOD	MEAL QUANTITY	TOTAL
 NATHAN DUPUY	SEPTEMBER	2 (X \$4.50)	\$9.00

[See your order](#)

MEALS CALENDAR				
Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

HAPPY BACK TO SCHOOL!!